

EMAU DTAC REPORT

on EMAU 2nd level Coaching Seminar – Lisbon/Portugal
9th-11th November, 2007

Lecturer: Mr. Mario Codispoti

Hosting by the Portuguese Archery Association

Representing EMAU DTAC: Evelyn Papadopoulou, Chairman.

Participants: 17 from abroad and 20 from Portugal. In total: 37 persons, all eligible from the 1st level. (Spain: 2, Croatia: 1, Turkey: 2, Italy: 1, Greece: 8, Slovenia: 1, Hungary: 2, Portugal: 20)
The 20 Portuguese participants were nominated by the Portuguese Association and they were selected from the total number of Portuguese coaches, who attended the two parts of the 1st level seminars, held in Lisbon on 2005 and 2006.

Accommodated at the seminar Hotel only the participants from abroad, totally 17 persons. No Portuguese participant was accommodated at the seminar Hotel. They were only served lunch and dinner, according to the seminar program, along with the rest participants.

The seminar was very well prepared, by the Portuguese Archery Association and their hospitality was very nice.

The seminar Hotel ("Zurique") was the same as last year, for the 1st level seminar. It was located in the centre of Lisbon, very near to the Airport and all participants were transferred under the cost and responsibility of the Portuguese Federation to/from the Hotel, by using their own mini bus and driver, during the official seminar days. The participants, who stayed in Lisbon more than the seminar official days, used a taxi for their transportation to the airport, for their departure, according to the Invitation.

All participants (except for the Portuguese) were accommodated at the Hotel Zurique ***, where were located for the seminar use:

- a separate seminar room, with extra space for practice demonstration, on the 1st floor
- a separate hall, opposite the seminar room, for the coffee breaks
- the Hotel restaurant, for breakfast and meals
- a big space, out of the seminar room, for breaks relaxing time in between the sessions.

All seminar Hotel conditions were very good and the food was good and plenty.

The seminar was held from 09.00 – 18.30 hours in the Hotel seminar room, with lunch between morning and afternoon session and dinner at the end of the day.

In one of the session breaks of morning and afternoon was also served a nice coffee-break. The total coffee breaks were three, but on Sunday 11th was a VIP one, because it was used as a light lunch due to the immediate departure of a lot of the participants, right after the end of the seminar. So, it had not been served (and charged) lunch on November 11th- departure day.

Each participant was signing in the participants' name list space, in every session, for their presence and I was confirming their fully attendance. All participants had fully attended. Attached, Participants' Namelist with signatures for proof of their Attendance and Exams results, for each one.

The seminar opened with a welcome speech of the President of the Portuguese Federation, who thanked firstly the lecturer Mr. M. Codispoti and then EMAU for the organization of the seminar and followed the Chairman of EMAU DTAC Committee, who on behalf of EMAU and its President Mr. Scarzella thanked the participants for their interest for the seminar and the developing of archery in their country, the lecturer for his contribution for EMAU coaches education and the Portuguese Federation for the good preparation of the seminar and explained that only the fully attended participants of the EMAU 2nd level coaching seminar, who will pass the written exam, will be qualified for its following EMAU 3rd and final level seminar, to be held on 2008.

The Portuguese Federation had made copies, for seminar manual, from notes made by the lecturer and distributed them to all participants-along with the Daily Seminar Program, that I had prepared. They also made copies for exam questions and hanging labels for all participants. They made no charge on EMAU for any of the copies and labels.

The lecturing themes were parts based on the FITA Coaching Manual, but mostly were parts of the personal coaching experience of the lecturer, referring on Bow and its part construction and Tuning. The Contents of the lecturing were:

- Bow's construction
- String's material and construction (a lot of interest on this point)
- Arrow
- Fletching
- Nocks
- Sight (a lot of interest on this point)
- Rest
- Button
- Arm-guard (a lot of interest on this point)
- Tab
- Chest-guard
- Finger sling
- Clicker
- Tuning**
- Stabilisation
- Brace-Height
- Nocking point test (a lot of interest on this point)
- Center shot
- Spine test (a lot of interest on this point)
- F.O.C.
- Tiller
- Vic Berger test
- Micro Tuning (a lot of interest on this point)

The lecturer was also demonstrating in practice details of his lecturing, especially when teaching on string's construction, fletching, bow tuning and adjustments. The reaction of the participants was very positive and the lecturer managed to constantly attract their attention and interest.

On the third day the participants had to write an exam, with 20 questions with multiple choices for answer, based on the lecturing themes of the previous days. Before the exam, the lecturer made a summary of his lecturing.

All tests were immediately examined by the lecturer, during the participants VIP coffee break, and the results showed a very good participants' knowledge level and their constant attention while seminar sessions. All participants succeeded minimum 80% of right answers, while many of them had 100%. Attached, the questions of the exams. The Exam results are shown in the Participants' Namelist for Attendance, also attached.

Also on the third day and after the end of the seminar I handed out the EMAU Diplomas, stated that he/she is a Club Trainer at his/her country, to each participant, also to the lecturer, the Portuguese Association and me. Then, I thanked all parties for their contribution to the success of the seminar and the great interest and attention of the participants. After EMAU Secretary General instructions, I informed the participants that for future EMAU seminars they will have to carry their travel and accommodation cost. Also that, for the 3rd level seminar, the cheapest prices will be taken under consideration for the seminar host city.

The seminar was conducted smoothly, with no problems and with great attraction of the participants, who all fully attended all days. They expressed very positively for this EMAU development project, the organization and value of the seminar and were very pleased for such a knowledge and experience. They were happy to transfer this knowledge to their counties' clubs and archers.

Due to the attendance of 6 less participants than the totally eligible from the 1st level seminar (Spain:-3, Greece:-3) and with not having lunch the participants at the last day of the seminar, was reduced the total cost of the seminar.

The total Seminar Cost was finally **5.665,53 Euros** out of the 8.500 Euros of the Seminar Budget. Reserved 2.834,47 Euros and transferred to the EMAU Bank account.

The hotel-bill (4.537,75 Euros) was originally paid by the Portuguese Association, with the check no. 00350397< 0001671743+ 5017724285> (copy attached), because they declared that they will receive state financial support, by showing proof of organizing development projects.

Following, I paid the same amount to the Portuguese Association, receiving in the name of EMAU their relevant receipt no. 1548 (original attached). Attached is also the original Hotel Invoice of 4537,75 €.

I would suggest to the EMAU Council to take under consideration the fact of setting as optional the last day lunch (after the end of the seminars and before participants' departures), for the seminars in future and according to each seminar program, because the participants are very soon served lunch in their departure flights and is waste of money paying for lunch also and at the hotel.

In general, the seminar was well prepared by the Portuguese Federation and the lecturer Mr. Mario Codispoti, who also received the respect and admiration of the participants.

Attachments:

- Participants name list, with Final Travel Plan and Rooms Reservations (original)
- Participants name list, with Attendance and Exams results (original, to be sent by post)
- Participants name list, with Meals Check (original)
- Participants name list, with Addresses (original, to be sent by post)
- Seminar Cost Budget, with copies of receipts of cost, sent by post (the originals sent to the treasurer)
- Invoice of Hotel Zurique, for the participants accom/tion, breakfast, meals, coffee brks and sem. room cost
(the original sent to the treasurer, Mr. Gianni Mangino and a copy to the EMAU Secret. General)
- Seminar Daily program
- Seminar manual (to be sent by post)
- Seminar Exam questions (to be sent by post)
- Seminar Diploma (sample, to be sent by post)
- Closing seminar Photo, with all participants in the seminar room.

22.11.2007

Evelyn Papadopoulou

Chairman, EMAU DTAC Committee

10/11/2007



SEMINAR COST BUDGET

FOR THE EMAU 2nd LEVEL COACHING SEMINAR
IN LISBON/POR, 09th-11th NOVEMBER 2007

EUROS

Hotel "ZURIQUE" INVOICE (Hotel accommodation with breakfast, meals, coffee breaks and seminar room)	4.537,75
Mr. Mario Codispoti (Lecturer) travel cost	246,76
Mr. Mario Codispoti, Lecturer's Fee	300,00
Mrs. Evelyn Papadopoulou (DTAC) travel cost	481,02
Mrs. Evelyn Papadopoulou, Mission Fee	50,00
Diplomas paper and printing cost	30,00
Travel Agency Service Fee	20,00

Total cost in Euros

5.665,53

EMAU Seminar Budget	8.500,00
Reserved	2.834,47

22.11.2007

Evelyn Papadopoulou