

M.L. REPORT

Archery at the European level has attracted growing interest in recent years, and the results achieved have exceeded all expectations. This includes the specialty of run-archery, which is attracting an ever-increasing number of enthusiasts.

With a view to the future development of this discipline, it would be interesting to conduct an in-depth study regarding physical preparation, breathing technique, and diet to support athletes who face a very demanding, new environment, which forces them to face different challenges than other disciplines, both due to age and the time required for a course with significant energy demands during the competition.

In all disciplines, however, reference must also be made to doping regulations, a very important topic for a healthy and clean sport.

To this end, WADA has been working for years to renew its entire structure, updating all topics related to this sector. In particular, numerous seminars have brought together scholars from around the world to explore the best path forward for a future that is in line with the times and a more engaging experience for all athletes. They have then engaged with the athletes themselves to make the necessary improvements to make this path simpler and clearer.

At the end-of-year meeting of 2025, the changes that will see the World Code definitively renewed for 2027 were therefore prepared.